

# First Responders

RID believes that authentic community and real conversations are fundamental keys to not only whole-hearted living, but also to better communities. While RID wants to help guide everyone on their journey, we have a huge heart for the First Responders in our communities.

Being a First Responder isn't a call for everyone. Those who respond to that call are different... they are called from a deep sense of honor love for others, and self sacrifice. With that call comes the unique stresses on the job - pressure that effects both First Responders individually and pressures that fall on their families as well. We understand that the weight you carry as a first responder has a dramatic effect on who you are, who you are becoming, and for your co-workers and families. For that reason, RID has very specific ways that we come along side First Responders and help carry that weight as they serve our communities.

### Family Support Network

Families of First Responders can feel like they are overlooked and on their own. The Family Support Network (FSN) is designed to create a sense of community and offer support both to and between the families of First Responders.

### Deployment Support Network

In moments when all hell is breaking loose in the world, as a First Responder, the call is to leave those you love to go help those in need. That's where RID steps in to help. We have a network of people that can help support First Responder's families during deployment so that they can focus on getting home safe. Whether its clearing a driveway of storm debris or throwing a tarp on a leaky roof, RID wants to help stand in the gap.

#### Restoration Resources

The dark side of being a First Responder is often times overlooked and ignored. RID understands that there are a lot of things that those who are the first to run into crisis for others, causes crisis in their own lives as well. While we can't offer them that help directly, RID is committed to helping resources for first responders get to where they are needed most.

## Daring Greatly Events and Retreats

Sometimes the best thing for a First Responder is to just get away from it all. RID offers both one day events and three day retreats specifically geared for First Responders to help disconnect with every day life and reconnect with their soul.



"We believe that AUTHENTIC COMMUNITY with REAL CONVERSATIONS leads to WHOLE-HEARTED living."

'The most

- Dallas Willard

IMPORTANT thing

about a person is not

WHAT THEY DO, but

who they BECOME."

Build Community

RID believes that a large part of what is causing anxiety and stress within our culture is a lack of community and a sense of belonging. Everyone wants to know that they have a place to belong, a group of people in which they feel valued, a tribe where they can take off the armor and be their true self. We believe that part of society today has been ripped away and replaced with an emphasis to live in silos, protected from the people around us, when we are actually designed to be a part of something bigger. Part of how we learn to live as our true selves is through living in authentic community. As we do this, we believe that the value of individuals will be restored through the building of communities as a whole.

We also understand that you can't mandate or dictate community... it has to happen organically. RID hosts events throughout the year that provide an atmosphere where community can happen and grow. Whether through one of our camping trips, shooting clays or just goofing around while playing cornhole, we want to encourage you to not do life alone, find your tribe today. There's always a place for you to jump in.

Navigating life isn't always easy but there is a path, a journey, that we can almost sense is out there that leads to more...

Restoration ID is an organization committed to helping people discover their truest self. We all have spent years putting on armor to protect our hearts, silencing the warrior within us to protect our reputation and pretending to be someone we know deep down we are not, all in the name of playing it safe.

It's time we take back our truest self and live whole-hearted lives. It doesn't happen overnight but the journey is worth it. The invitation is open: will you join us in discovering the ancient path that will undoubtedly bring rest to your soul, reignite your passions and restore your true identity so that you can live a whole-hearted life?

# Equip Classes

In thinking back to our childhood, most of us would list their coach as one of the most influential people in their lives. This is because a coach pushes you beyond your perceived limits, helps you to create new habits, and celebrates with you as you develop new skills.

In our RID Equip Classes, we offer coaching in a class format that is designed to equip you for real life issues such as marriage, family dynamics, money and more! We understand that life doesn't come with a manual. The good news is that some of us have learned a lot of ways to not do it, and the rest of us can learn from that. Equip Classes are not counseling sessions; they are question and self discovery based, seeking to guide people to their authentic self, and help them make choices that improve their net-life - not just chase the expected goals without question.